

My Community Resources

Get to know the resources available in your community by filling out this chart. The column responses are as follows:

- **Domains** are types of services that may be helpful to justice-involved persons with mental illnesses. The precise combination of treatment and services provided for each individual should be guided by a thoughtful assessment of his/her needs.
- **Y/N:** If your community has the specified services, mark the column with a Y. If not, mark it with an N. For domains you mark with an N, try to identify alternative sources of supports.
- **Agencies/Providers:** Specify the person or organization where the service or resource can be found.
- **Capacity:** State the capacity the agency/provider has to accept new clients, provide quality care, and work with new partners.
- **Connection:** Choose a representative from your team to establish a connection with the agency/provider and pursue a Memorandum of Understanding (MOU) with the new partner.

For more information on the mental health and substance abuse treatment services listed below, please see the handout *A Checklist for Implementing Evidence-Based Practices and Programs (EBPs) for Justice-Involved Adults with Behavioral Health Disorders*.

Domains	Y/N	Agencies/Providers	Capacity	Connection
MENTAL HEALTH TREATMENT SERVICES				
<i>Evidence-Based Practices</i>				
Assertive Community Treatment (ACT)				
Illness Management and Recovery (IMR)				
Integrated Mental Health and Substance Abuse Services for Co-occurring Disorders				
Supported Employment				
Psychopharmacology				
<i>Promising Practices</i>				
Cognitive Treatment of Criminogenic Needs				
Forensic ACT (FACT)				

Trauma Specific Interventions (e.g., Seeking Safety, Trauma Recovery Empowerment Model)				
<i>Other</i>				
Medication Assisted Treatments				
Psychotherapies				
Dialectical Behavior Therapy (DBT)				
Interpersonal Therapy (IPT)				
Family-Focused Therapy (FFT)*				
Moral Reconciliation Therapy (MRT)				
Brain Stimulation Therapies (e.g., ECT)				
Psychosocial Rehabilitation (PSR)				
Peer Support Services				
Case Management Services				
SUBSTANCE ABUSE TREATMENT SERVICES				
<i>Evidence-Based Practices for Drug Abuse and Dependence</i>				
Behavioral Therapy				
Individual or Group Counseling				
Cognitive Behavioral Therapy (CBT)				
Multidimensional Family Therapy (MFT)*				
Motivational Interviewing (MI)				
Contingency Management Interventions/Motivational Incentives				
Motivational Enhancement Therapy (e.g., Motivational Interviewing)				
The Matrix Model				

12-Step Facilitation Therapy				
Community Reinforcement				
Therapeutic Communities (TC)				
Medication-Assisted Treatments (e.g., buprenorphine)				
<i>Evidence-Based Practices for Alcohol Dependence</i>				
Behavioral Therapy				
Cognitive Behavioral Therapy (CBT)				
Contingency Management				
Interventions/Motivational Incentives				
Motivational Enhancement Therapy (e.g., Motivational Interviewing)				
12-Step Facilitation Therapy				
Social Skills Training				
Behavioral Contracting				
Community Reinforcement				
Medication Assisted Treatments (e.g. Acamprosate)				
MEDICAL HEALTH CARE SERVICES				
Access to quality medical care (e.g., access to primary health care and preventive services)				
Dental Care				
Vision Care				
HOUSING SERVICES				
Housing assistance services (e.g., rental assistance)				
Housing placement programs				

Federal/state/local housing programs (e.g., public housing)				
Supported housing				
VOCATIONAL TRAINING				
Training in vocational skills/development				
Job placement services				
TRANSPORTATION SERVICES				
Affordable and accessible public transportation				
Subsidized transportation (e.g., reduced fares, vouchers, volunteer drivers)				
EDUCATIONAL SERVICES				
Basic educational supports (e.g., literacy, GED services, English as second language) or postsecondary credentials				
Training to develop marketable skills (e.g., computer literacy)				
FINANCIAL SERVICES				
Debt counseling and/or consolidation				
Training in financial management, budgeting, and other organizational skills				
Federal benefits assistance (e.g., SSI, SSDI, Medicaid, Medicare, TANF, etc.)				
CHILD AND FAMILY SERVICES				
Indirect assistance to caregivers				
Foster care placement				
Parenting programs				